MY BRUSHING CALENDAR

Draw a check mark in the sun box after you brush in the morning and draw a check mark in the moon box after you brush before bedtime.

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
SUNDAY	☀ start ☾	☀ ☾	☀ ☾	☀ ☾
MONDAY	☀ ☾	☀ ☾	☀ ☾	☀ ☾
TUESDAY	☀ ☾	☀ ☾	☀ ☾	☀ ☾
WEDNESDAY	☀ ☾	☀ ☾	☀ ☾	☀ ☾
THURSDAY	☀ ☾	☀ ☾	☀ ☾	☀ ☾
FRIDAY	☀ ☾	☀ ☾	☀ ☾	☀ ☾
SATURDAY	☀ ☾	☀ ☾	☀ ☾	☀ ☾ finish

WOW! You did it!
Keep up the great work!

MassHealth Dental Program

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