

# BABY TEETH ARE IMPORTANT

The good habit of brushing teeth will start a good habit for the adult teeth.

- Baby teeth hold space for the adult teeth to grow into.
- Baby teeth allow kids to eat right and sleep at ease.
- Healthy baby teeth help to keep the rest of the body well.
- Baby teeth also help kids to speak clearly.
- Healthy teeth help children do better in school because they are not in pain.
- Children with healthy teeth feel good about themselves.

If you are a MassHealth member and need help finding a dentist please call **1-866-616-2699**, **TTY 711**.

Need help? Get answers right now through the new MassHealth member portal! Visit us at [masshealth-dental.org](https://masshealth-dental.org).

