

DENTAL TO-DO LIST

Do keep your child's dental appointment. If you must cancel, please call the office as soon as you can.



BEFORE THE VISIT

- Do share with your child the good reasons for going to the dentist.
- Do calm your child about the visit. Try not to use words such as “hurt”, “pain”, and “bleeding” when talking about the visit to the dentist.
- Do talk about your child's first visit in a good way.
- Do stay in the waiting room if asked to do so by the dentist or the staff.
- Do keep friends, brothers, and sisters from trying to scare your child about the dentist.

AT THE OFFICE

- Do visit the dentist with clean teeth.
- Do bring your child's health plan ID card.
- Do bring only the child who has an appointment to the dental office, if possible.

If you are a MassHealth member and need help finding a dentist please call **1-866-616-2699**, **TTY 711**.

Need help? Get answers right now through the new MassHealth member portal! Visit us at masshealth-dental.org.